**Transition Time**

**Suggested wording for parent/carer pack letter, Year R:**

Starting school is a big step for parents/carers as well as children. Not only is your child embarking on their first taste of formal education, but they may be going to a new location which may involve an unfamiliar journey. So, now is the perfect time to look at how your child will travel to school.

The school run is a great opportunity to start you and your child’s day in a positive and energised way. It provides quality time with your child where you can chat with them.

By leaving the car at home or parking a short distance away from the school gate and walking the last 5-10 minutes to school, your child will be healthier, arrive at school energised and ready to learn and you will also help reduce congestion, improve air quality locally and make the school run safer for all.

Positive active travel choices do make a difference! 🚶‍♀️🛴🚲🚌🚆

As part of the new parent/carer pack, you will receive a printed copy of the **‘How could you travel to school?’** booklet from Hampshire County Council’s Travel Planning Team. This is a great practical guide about safer, active and sustainable travel to school. Please do take time to read the booklet.

<https://myjourneyhampshire.com/media/4841/mj-back-to-school-booklet-2025_26.pdf>

**Competition Time! 🎁**

Need any more reason to read the ‘How could you travel to school?’ booklet?!

See our children’s competition on page 16 of the booklet.

Some lovely prizes to be won!

Competition closing date is 31st October 2025.

This year we are asking your child to draw how their active journey to school makes them feel:

* Perhaps the exercise means they feel **alert, energised** and ready to start the day? 😁
* Maybe because of all the things they see and hear such as flowers, trees and birds, they feel **happy**? 🌷
* Having time to talk and having fun with family and/or friends on the journey may make them feel **relaxed**? 🗣️
* Jumping in puddles on a wet day may make them feel **alive**? ☔
* They may feel **proud** knowing their travel choice helps protect the environment, reduces noise and air pollution? **🌍**

In addition, there is a wealth of supporting information for parents and carers on the My Journey Hampshire website: <https://myjourneyhampshire.com/hampshire-transition>

The ‘Starting Year R: EFYS, Reception, infant school’ flyer may be of particular interest to you:

<https://myjourneyhampshire.com/media/4854/mj-transition-time-moving-to-year-r-flyer-hcc-2025.pdf>

***Notes for school: Additional information the school may wish to add in:***

School - You may wish to use our Transition Time editable journey planner information sheet. You can populate this document with journey information specific to your school and simply add the link to it here for your new parents/carers.

Link for the editable journey planner information sheet below:

<https://myjourneyhampshire.com/media/4851/mj-transition-time-editable-journey-planner-information-sheet-hcc-2025.docx>

School - if you have any active travel schemes in place such as a Park and Stride site(s), this newsletter is a great place to add this information.

School - perhaps you have an active travel page on your school website that you would like to add a link to?

If you don’t currently have one but would like to create an active travel page, there is some helpful information at: <https://myjourneyhampshire.com/media/3365/my-journey-create-a-travel-webpage-toolkit.pdf>

*Please feel free to use the section below to add in your own helpful information to support active travel.*