



Personal, Social and Emotional Development

Introduce the theme – Journeys

This is the starting point for your planning for your setting. In small groups discuss some of the following questions:

- What is a journey?
- What do the children already know?
- Why do we make a journey?
- Why do we need to travel?
- How many different ways can they think of to travel?
- Who do we travel with?
- What is their favourite way to travel?
- What do you need to travel in different ways?
- Are some journeys more special than others?
- Are some journeys just needed to do a job/task?
- Are all journeys fun?
- How can you make a journey fun?
- Are all journeys on land?
- Are there different times for journeys?
- Are some journeys longer than others? Why?

Talk about how they have travelled this week, walked, bus, train, car, scooter etc. Children to paint/draw a picture of how they travelled on a journey this week. Display them on a board with the heading “Our Journeys This week”. This display can be updated on a weekly basis and previous pictures can be put into a book displayed next to it.

In future weeks you can extend onto this display, depending on the focus for the week. According to your baseline assessment of what the children already know, you may want to focus on a different type of transport or journey each week:

Journeys by our own power – walking, scooting, cycling

Journeys by Public transport – Bus, Tram or Train

Journeys by car - Holidays

Journeys on water – kayaks, ferry, ships

Journeys on a plane



Modeshift STARS

Modeshift STARS is a national schools award scheme to recognise schools that have demonstrated excellence in supporting cycling, walking and other forms of sustainable travel. Please click on the link below to find out about Modeshift STARS: myjourneyhampshire.com/modeshiftstars

My Journey Event Calendar

My Journey has a number of events and competitions for Early Years settings to take part in throughout the year. To find out more visit myjourneyhampshire.com/early-years-events,

You may also like to sign up to our newsletter to keep up to date with My Journey news, events and resources, please sign up at myjourneyhampshire.com/newsletter-sign-up.